

Principles of natural discipline

1. Use connection, not separation, to bring a child into line
2. When problems occur, work the relationship, not the incident
3. When things aren't working for the child, draw out the tears instead of trying to teach a lesson
4. Solicit good intentions instead of demanding good behaviour
5. Draw out the mixed feelings instead of trying to stop impulsive behaviour
6. When dealing with an impulsive/immature child, try scripting the desired behaviour instead of demanding maturity
7. When unable to change the child, try changing the child's world

Discipline is built into the developmental design, maturation is our friend.

Three natural processes by which a child is spontaneously corrected:

- a. the adaptive process - the capacity to learn from what doesn't work
- b. the integrative process - the ability to endure mixed feelings and ideas
- c. the emergent process - the child's innate drive for self-mastery