

# *Raising a Peaceful Child*

1. Remain calm throughout your pregnancy
2. Be responsible for maintaining a close attachment to your child
3. Encourage a clear relationship of dependency when young
4. Actively socialize him, teaching him how to behave with others
5. Give him moral education - the knowledge of what is right and wrong
6. Have him practice caring for others
7. Foster awareness of self and teach him to see the needs of others
8. Avoid feeding his ego. Humility, not self-pride, is your goal
9. Avoid increasing self-esteem for its own sake
10. Avoid attachment to peers instead of caring adults
11. Manage competition to be fun and limit its scope
12. Don't attach value to physical beauty nor athletic performance
13. Attach value to good intentions and to effort made, not outcome
14. Manage Counter-Will (defiance) with increased attachment
15. Give him your vision of the future - how the world will be a better place
16. See his inner qualities and his potential
17. Believe in your child, encourage him.