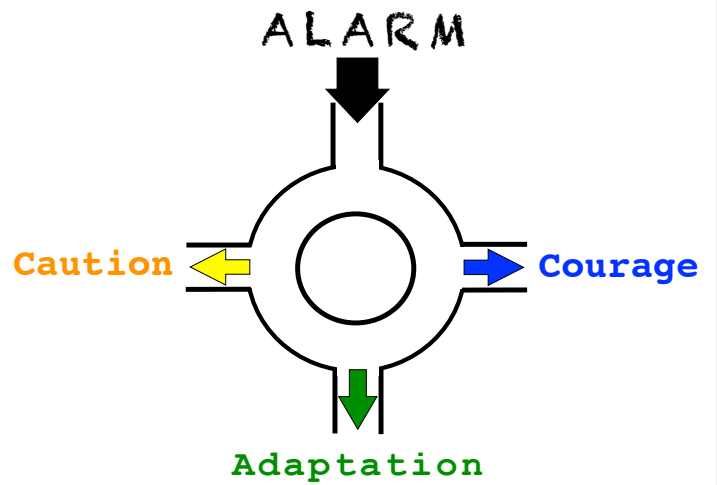


Troubling emotions



A child's greatest fear is to be separated from his/her parents



natural

Adapt

FRUSTRATION

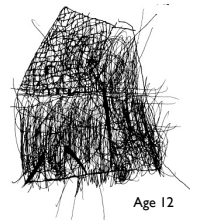


ALARM
Caution

PURSUIT
Proximity

Depression can sound like:

- Infant **I'm unlovable**
- Child **Nobody likes me**
- Youth **I'm stupid**
- Adult **I'm not needed**



Unnatural

- + aggression
- + **depression**

FRUSTRATION



- ALARM
- + **anxiety**
 - + agitation
 - + fearlessness

- PURSUIT
- + neurotic traits
 - + obsessions
 - + addictions

Lacking a sense of being

- loved**
- liked**
- capable**
- needed**



and feeling hopeless about it, one will be depressed.