

Fear of abandonment



ALARM

FRUSTRATION

PURSUIT

Normal response

+ Caution

+ Accept, adapt

+ Held close

Abnormal

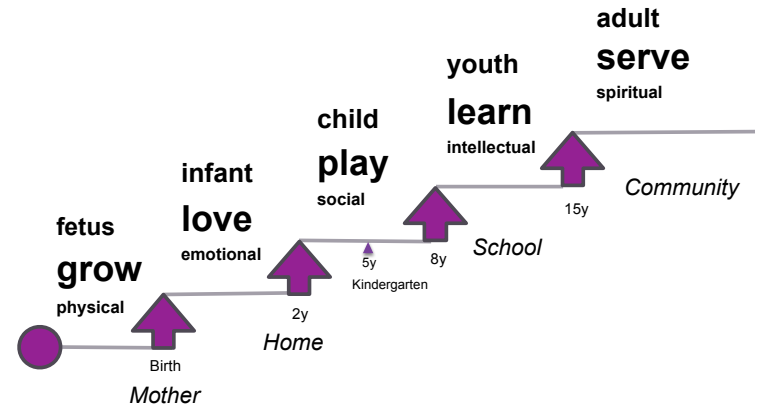
+ **Anxiety**
+ agitation

+ **Depression**
+ aggression

+ obsessions
+ addictions

Dr Gordon Neufeld

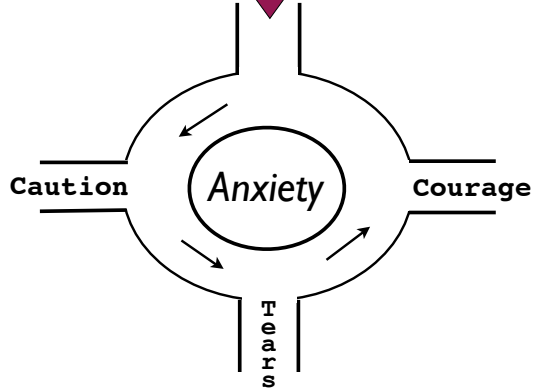
Purpose of life by age



Dr Phil Squires

Threat

ALARM



emovevo

Adapt

Dr Gordon Neufeld

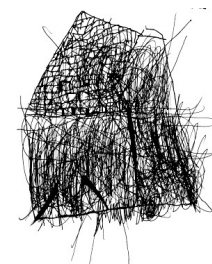
Depression sounds like

Feeling not

- loved
- liked
- useful or
- needed

Infant	Nobody loves me
Child	Nobody likes me
Youth	I'm useless
Adult	Nobody needs me

and hopeless,
one will be **depressed**.



house
age 12y

Dr Phil Squires